



DofE Canoe Weekend Expedition Kit List

100 Litre dry bag (borrow from us)	
Assortment of smaller dry bags (sports direct)	
1 Litre Water Bottle	
Mess kit: mug, plate, bowl, knife, fork, spoon in plastic bag	
Old Tea Towel	
Sleeping Bag	
Sleeping Mat	
Inflatable Camp Pillow	
Head Torch with batteries	
Warm Clothes for Pyjamas	
Toiletries Bag with Toothbrush, Toothpaste & Soap etc	
Explorer Shirt & Scarf	
2 x Sets Canoe Clothes (choose things that dry quickly)	
1 Full set of camp clothing (keep dry!)	
Underwear and socks	
Waterproof Jacket	
Waterproof Trousers	
Sensible footwear for wearing around camp	
Old Trainers to wear in canoe	
Bin bags for separating wet or dirty kit	
Suncream, sunhat, sunglasses	
Medication labelled with Name, Dose & Timings	
"Good to have" items	
Waterproof Socks like otter skins	
A Watch	
Note Pad & Pen	